

Symptom Tracker

Post-COVID-19

Interdisciplinary Clinical Care Network
Recovery | Care | Research | Education

Date:											
Symptom scale	0	1	2	3	4	5	6	7	8	9	10
	0	1	2	3	4	5	6	7	8	9	10
Fatigue											
Muscle pain											
Headache											
Brain fog											
Shortness of breath											
Other: _____											
Other: _____											
Other: _____											
Symptom Total : _____											

